

Knife Self-Defense – Disarms

Master Dan Amerson is excited to present seminar on self-defense against knife assaults. Practitioners of Karate, Tang Soo Do, Taekwondo, and other empty hand arts can supplement their knowledge drawing from the teachings and techniques of Modern Arnis and the Filipino martial arts, an amazing complement to traditional empty hand arts from Japan and Korea.

The seminar will focus on proper defense against a blade attacks from all of the major angles. Students will learn proper blocking techniques for knife attacks which lead to disarming the opponent of his knife. Advanced students will further control the attacker including defensive takedowns that follow the disarm. Additional focus on connecting these disarms to motions that students have already learned in poomsae or kata will be given.

A full syllabus and registration is available online at <http://amersonstk.com/knife-seminar-april2016/>

Details

Location: Amerson's Taekwondo and Fitness, 10940 Raven Ridge Rd., Suite 120, Raleigh, NC 27614

Time: Saturday, April 30, 2016 from 1:00M to 4PM.

Experience Level: Intermediate to Advanced. (Students should be a color belt or have at least 6 months experience in their art.)

Cost: \$40. Register online at <http://amersonstk.com/knife-seminar-april2016/>

Contact Info: masteramerson@gmail.com

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About the Filipino Martial Arts

Many fighting traditions have emerged from the Philippines focusing mostly on techniques with cane, knife, and sword. These arts commonly referred to as Eskrima or Kali were unified under Professor Remy Presas into Modern Arnis, the national martial art of the Philippine which flourishes worldwide with tens of thousands of practitioners.

About Master Dan Amerson

Master Dan Amerson brings over twenty years of martial arts experience to give you the best training in the area. He holds a fourth degree black belt in Taekwondo, a first degree black belt in Tang Soo Do, and over a decade of experience in Modern Arnis.

